

Why Choose Matilda?

為何選擇明德？



Clinical Rigour

臨床嚴謹

Hospital-grade equipment and protocols for accurate, reliable results.

採用醫院級設備及臨床標準，確保結果準確可靠。



Convenient Location

交通便利

Located in the heart of Central with excellent transport connections.

位於中環核心，交通四通八達，方便快捷。



Doctor-Led

醫生主導

Assessment and follow-up led by experienced doctors.

由經驗豐富的醫生主導評估及跟進。



Preventive · Personalised · Proactive

預防為先 · 個人化 · 主動管理

Empowering you to take charge of your health, every step of the way.

助您全面掌握健康，邁向長遠未來。



Vital Health Assessment Series

菁英健康檢查計劃

Care in health. Confidence in life.

守護健康 成就自信人生

HK\$ **3,800** up
港幣 起

Appointment and Enquiry

預約及查詢

Matilda Medical Centre

明德醫療中心

3/F Prosperity Tower, 39 Queen's Road Central, Hong Kong

香港皇后大道中 39 號豐盛創建大廈 3 樓

E-mail mmc.central@matilda.org

Phone 2537 8500



Matilda Medical Centre (Central)

明德醫療中心（中環）

matilda.org

Health Assessment Plans Details 健康檢查計劃內容

		Essential 靈活	Plus 進階	Prime 全面
Consultations & Professional Assessments 會診及專業評估		HK\$3,800	HK\$8,600	HK\$15,800
Medical history review & pre-exam consultation by doctor	醫生審閱病歷及檢查前會診	✓	✓	✓
Physical examination by a doctor	醫生腹部臨床檢查及體格檢查	✓	✓	✓
Pre-assessment health questionnaire	檢查前健康問卷	✓	✓	✓
Follow-up doctor consultation to review results	醫生跟進會診及解釋報告	✓	✓	✓
Advanced Imaging & Scans 進階影像及掃描檢查				
Chest X-Ray	胸部X光檢查	✓	✓	✓
CT Heart Scan	心臟電腦掃描	—	—	✓
Upper Abdominal Ultrasound	上腹部超聲波掃描	—	—	✓
2D Mammogram or Breast Ultrasound	2D 乳房X光造影或乳房超聲波掃描	—	♀	♀
Pelvic Ultrasound	盆腔超聲波掃描	—	♀	♀
Prostate Ultrasound	前列腺超聲波掃描	—	♂	♂
Cancer Screening 癌症篩查				
Colorectal: CEA	大腸：癌胚抗原 CEA	Choose 1 選1項 ²	Choose 2 ²	✓
Liver: AFP	肝臟：甲胎蛋白			✓
Pancreas: CA19.9	胰臟：癌抗原 19.9			✓
Prostate: PSA	前列腺：前列腺特異抗原			♂
Ovaries: CA125	卵巢：癌抗原 125			♀
Free PSA	游離前列腺特異抗原	—	—	♂
Ovaries: HE4	卵巢：人附睾蛋白4	—	—	♀
Breast: CA15.3	乳房：癌抗原 15.3	—	—	♀
Heart & Vascular Health Assessments 心臟及血管健康評估				
Resting Electrocardiogram (ECG)	靜態心電圖	✓	✓	✓
Cardiovascular Risk: Full Lipid Profile - Total Cholesterol, HDL, LDL, VLDL, Triglycerides	心血管疾病風險：全套血脂檢查 - 總膽固醇、高、低、極低密度脂蛋白、三酸甘油酯	✓	✓	✓
hs-CRP	高敏C反應蛋白	—	—	✓
Physical & Sensory Evaluations 體格及感官評估				
Vital Signs	基本體格指標	✓	✓	✓
Laboratory Investigations 化驗室檢查				
Organ Function & Metabolic Health 器官功能及代謝健康				
General Blood Health: Complete Blood Count (CBC) & Erythrocyte Sedimentation Rate	基本血液健康：全血細胞計數及紅血球沉降率	✓	✓	✓
Blood Grouping & Rhesus Factor ³	血型及恆河猴因子 ³	✓	✓	✓
Basic Liver Function Test: ALT, AST, Bilirubin	基本肝功能檢查：谷丙轉氨酶、谷草轉氨酶、膽紅素	✓	✓	✓
Additional Liver Function Test: GGT, ALP, Albumin, Globulin, Total Protein	進階肝功能檢查：谷氨酰轉移酶、鹼性磷酸酶、白蛋白、球蛋白、總蛋白質	—	✓	✓
Renal (Kidney) Function Test: Creatinine, Urea, Sodium, Potassium, Bicarbonate, Chloride	腎功能檢查：肌酐、尿素、鈉、鉀、重碳酸鹽、氯化物	✓	✓	✓
Gout Screening: Uric Acid	痛風篩查：尿酸	✓	✓	✓
Diabetic Screening: Fasting blood glucose	糖尿病篩查：空腹血糖	✓	✓	✓
Diabetic Screening: HbA1c	糖尿病篩查：糖化血紅素	—	✓	✓
Thyroid Function Test: Free T4, TSH	甲狀腺功能檢查：游離甲狀腺素及促甲狀腺激素	—	✓	✓
Cellular Health: LDH (Lactate Dehydrogenase)	細胞健康：乳酸脫氫酶	—	—	✓
Vitamins, Minerals & Hormones 維生素、礦物質及荷爾蒙				
Calcium	鈣	—	—	✓
Phosphate	磷	—	—	✓
Iron	鐵	—	—	✓
Vitamin B12	維他命 B12	—	—	✓
Vitamin D	維他命D	—	—	✓
Ferritin	鐵蛋白	—	—	✓
FSH, E2, LH	促卵泡激素、雌二醇、黃體生成素	—	♀	♀
Testosterone	睾酮	—	♂	♂
Infection & Immunity Screening 感染及免疫力篩查				
Hepatitis A: HAB Ab	甲型肝炎表面抗體	—	✓	✓
Hepatitis B: HbsAg, HbsAb	乙型肝炎表面抗原，乙型肝炎表面抗體	—	✓	✓
Supplementary Screenings 輔助篩查				
Urinalysis	尿液常規檢查	✓	✓	✓
Stool Routine & Occult Blood	大便常規及隱血檢查	✓	✓	✓
Urea Breath Test	幽門螺旋桿菌吹氣測試	—	—	✓
Pap Smear (Cervical screening)	柏氏抹片（子宮頸篩查）	♀	♀	♀

¹ Gender-specific tests will be confirmed at booking. All packaged items are fixed. No refund or exchange will be given if tests are declined or not conducted. Prices are subject to change without prior notice. 性別專屬檢查項目將於預約時確認。所有計劃項目均為固定。如拒絕進行或未能完成某些測試，恕不退款或更換。價格如有更改，恕不另行通知。
² Your selection is confirmed during your pre-exam doctor consultation based on your personal health profile. 您的選擇將於檢查前醫生會診時，根據您的個人健康狀況落實。
³ For first time users only. 僅限首次檢查者。

♂ For male only 男性適用
♀ For female only 女性適用¹

Add-on Modules for Vital Essential
菁英靈活自選附加組合

Tailor your check-up. Focus on what matters.

按您所需，靈活升級，更精準的健康管理。

Cancer Screening 癌症篩查		+HK\$ 2,300
AFP, CEA, EBV, CA19.9	甲胎蛋白、癌胚抗原、EB病毒、癌抗原 19.9	
CA125, HE4, CA15.3 ♀	癌抗原 125、人附睾蛋白4、癌抗原 15.3 ♀	
PSA, Free PSA ♂	前列腺特異抗原、游離前列腺特異抗原 ♂	

♀ Women's Health 女士健康		+HK\$ 4,150
Breast Ultrasound or 2D Mammogram	乳房超聲波掃描或2D乳房X光造影	
Pelvic Ultrasound	盆腔超聲波掃描	
Hormone Test: FSH, E2, LH	荷爾蒙檢查：促卵泡激素、雌二醇、黃體生成素	

♂ Men's Health 男士健康		+HK\$ 4,350
Prostate Ultrasound	前列腺超聲波掃描	
Upper Abdominal Ultrasound	上腹部超聲波掃描	
Hormone test: Testosterone	荷爾蒙檢查：睾酮	

❤️ Cardio-Stroke Risk 心血管及中風風險		+HK\$ 2,750
Exercise ECG	運動心電圖	
Homocysteine	同型半胱氨酸	
hs-CRP	高敏C反應蛋白	

👤 Digestive Health 消化系統健康		+HK\$ 3,000
Additional Liver Function Test (LFT)	進階肝功能檢查	
Urea Breath Test	幽門螺旋桿菌吹氣測試	
Fibroscan or Upper Abdominal Ultrasound	肝纖維化掃描或上腹部超聲波掃描	

⌚ Anti-Ageing Check 抗衰老		+HK\$ 3,500
Reproductive Hormones: FSH, E2, LH ♀, Testosterone ♂	生殖荷爾蒙：促卵泡激素、雌二醇、黃體生成素 ♀、睾酮 ♂	
Adrenal Hormones: Cortisol & DHEA-S	腎上腺荷爾蒙：皮質醇及硫酸脫氫表雄酮	
Thyroid Function: Free T4 & TSH	甲狀腺功能：游離甲狀腺素及促甲狀腺激素	
Energy Metabolism: Vitamin B12 & Vitamin D	能量代謝：維他命 B12 及維他命D	

🧠 Cognitive Health 腦部認知健康		+HK\$ 3,800 / HK\$7,900
PlasmarkAD Pro – 3 proteins PlasmarkAD Pro — 3 種血液蛋白	PlasmarkAD Promax – 22 proteins PlasmarkAD Promax — 22 種血液蛋白	
Vitamin B12	維他命 B12	
TSH	促甲狀腺激素	
AD8® Dementia Screening Interview	認知能力自我篩查	

Modules are exclusively available with the Vital Essential plan. To add specific individual tests to any of our plans, please consult our team to tailor your assessment.
附加組合僅適用於「菁英靈活」計劃。如欲在任何計劃中加入特定的單一檢查項目，請與我們的團隊聯絡，為您度身安排。



The information in this leaflet is for reference only and does not replace professional medical advice. Please consult your doctor for personalised recommendations. Prices are subject to change without prior notice.
本單張資料只供參考，不能取代專業醫療建議。如有任何健康問題，請諮詢您的醫生。價格如有更改，恕不另行通知。

