

Signature Health Assessment Plan

智選健康檢查計劃

A stronger foundation for
proactive health management

全面的健康管理起點

HK\$
港幣 **7,800**

Why choose Signature 智選計劃特色

-  Hospital-based assessment
醫院級健康評估
-  Complimentary shuttle bus service between
Central City hall and Matilda International Hospital
(15-20mins)
本院設有免費穿梭巴士來回中環大會堂
(車程僅15至20分鐘)
-  Private room comfort & in-room meal
私人房間及餐飲安排
-  Doctor consultations before and after assessment
檢查前後均有醫生講解及跟進
-  Flexible add-on modules available
可靈活加配專項檢查組合

matilda.org



Matilda International Hospital, The Peak
明德國際醫院 · 山頂



Taking around 3-5 hours
整個檢查需時約 3-5小時

Appointment and Enquiry 預約及查詢

Health Assessment Department 身體檢查部
E-mail assessment@matilda.org
Phone 2849 0338

Health Assessment Details 健康檢查內容

Consultations & Professional Assessments 會診及專業評估

Medical history review & pre-exam consultation by doctor	醫生審閱病歷及檢查前會診
Clinical abdomen and physical examination by a doctor	醫生腹部臨床檢查及體格檢查
Pre-assessment health questionnaire	檢查前健康問卷
Follow-up doctor consultation to review results	醫生跟進會診及解釋報告
Dietitian consultation and dietary analysis	營養師會診及飲食分析

Advanced Imaging & Scans 進階影像及掃描檢查

Chest X-ray	胸部X光檢查
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Heart & Vascular Health Assessments 心臟及血管健康評估

Resting Electrocardiogram (ECG)	靜態心電圖
Ankle-Brachial Pressure Index (ABPI)	踝臂血壓指數

Physical & Sensory Evaluations 體格及感官評估

Vital Signs	基本體格指標
Vision Tests: far, near & colour vision	視力測試：遠視、近視、色覺

Laboratory Investigations 化驗室檢查

Organ Function & Metabolic Health 器官功能及代謝健康

General Blood Health:	基本血液健康：
Complete Blood Count (CBC) & Erythrocyte Sedimentation Rate	全血細胞計數及紅血球沉降率
Blood Grouping & Rhesus Factor ②	血型及恆河猴因子 ②
Full Liver Function Test:	全肝功能檢查：谷丙轉氨酶、谷草轉氨酶、膽紅素、谷氨酰轉氨酶、鹼性磷酸酶、白蛋白、球蛋白、總蛋白質
Renal (Kidney) Function Test:	腎功能檢查：
Creatinine, Urea, Sodium, Potassium, Bicarbonate, Chloride	肌酐、尿素、鈉、鉀、重碳酸鹽、氯化物
Cardiovascular Risk: Full Lipid Profile - Total Cholesterol, HDL, LDL, VLDL, Triglycerides	心血管疾病風險：全套血脂檢查 - 總膽固醇、高、低、極低密度脂蛋白、三酸甘油酯
Gout Screening: Uric Acid	痛風篩查：尿酸
Diabetic Screening: Fasting blood glucose, HbA1c	糖尿病篩查：空腹血糖、糖化血紅素
TSH	促甲狀腺激素
Thyroid T4	甲狀腺素
Vitamin D	維他命D
Calcium	鈣
Phosphate	磷

Infection & Immunity Screening 感染及免疫力篩查

Hepatitis A: HAV Ab	甲型肝炎表面抗體
Hepatitis B: HBsAg, HBsAb	乙型肝炎表面抗原、乙型肝炎表面抗體

Supplementary Screenings 輔助篩查

Urinalysis	尿液常規檢查
Stool Routine & Occult Blood	大便常規及隱血檢查
Pap Smear (Cervical screening) ♀	柏氏抹片（子宮頸篩查）♀

- ① Gender-specific tests will be confirmed at booking. All packaged items are fixed. No refund or exchange will be given if tests are declined or not conducted. Prices are subject to change without prior notice. 性別專屬檢查項目將於預約時確認。所有計劃項目均為固定。如拒絕進行或未能完成某些測試，恕不退款或更換。價格如有更改，恕不另行通知。
- ② For first time users only. 僅限首次檢查者。

♂ For male only 男性適用
♀ For female only 女性適用 ①



Private room comfort

Add-on Modules 自選附加組合

Tailor your check-up.
Focus on what matters.

按您所需，靈活升級，更精準的健康管理。

♀ Women's Health 女士健康 +HK\$5,250

2D Mammogram/ Breast Ultrasound	2D乳房X光造影/ 乳房超聲波掃描
Serum Iron	血清鐵
Pelvic Ultrasound	盆腔超聲波掃描
Hormone test: FSH, E2, LH	荷爾蒙檢查：促卵泡激素、雌二醇、黃體生成素
DEXA Bone Scan	骨質密度掃描

♂ Men's Health 男士健康 +HK\$3,250

Prostate Ultrasound	前列腺超聲波掃描
Hormone test: Total PSA, Testosterone	荷爾蒙檢查：總前列腺特異抗原、睪酮
Uroflowmetry	尿流速測驗

Cancer Screening 癌症篩查 +HK\$1,800 ♂ +HK\$2,900 ♀

CEA, EBV, CA72.4, CA19.9	肝癌胚抗原、鼻咽EB病毒、大腸癌抗原72.4、胰臟：癌抗原19.9
HE4 ♀, CA15.3 ♀, CA125 ♀	人附睾蛋白4 ♀、癌抗原15.3 ♀、癌抗原125 ♀
AFP	甲胎蛋白
ROMA ♀	卵巢癌風險評估 ♀

Cardio-Stroke Risk 心血管及中風風險 +HK\$4,250

CT Heart Scan or Exercise ECG	心臟電腦掃描 或 運動心電圖
Cardiac markers: homocysteine, hs-CRP	心臟指標：同型半胱氨酸、高敏C反應蛋白
Lipoprotein a, eGFR, uACR	脂蛋白(a)、估計腎絲球濾過率、尿液白蛋白/肌酐比值

Liver & Digestive Health 肝臟及消化系統健康 +HK\$4,500

Upper Abdominal Ultrasound	上腹部超聲波掃描
Anti-HCV	丙型肝炎病毒抗體
Urea Breath Test	幽門螺旋桿菌吹氣測試
Fibroscan*	肝纖維化掃描*
AFP	甲胎蛋白

*Fibroscan will be conducted at Matilda Medical Centre at Central. 肝纖維化掃描將於中環明德醫療中心進行。



Complimentary in-room breakfast