



# Birmingham Hip Resurfacing (BHR)

Birmingham Hip Resurfacing (BHR) is an advanced procedure for younger, active patients with arthritis-related hip pain. It preserves more natural bone by capping the femoral head with a smooth metal surface, offering lasting pain relief, restored mobility, and a return to dynamic lifestyles.

The procedure is performed under general or regional anesthesia, involving a precise incision on the side of the leg. The tendons of the muscles surrounding the hip are carefully cut to expose and dislocate the hip joint. The arthritic joint and a thin layer of bone are then removed and replaced with a durable metal "ball and socket," followed by the repair of the tendons.

This package encompasses pre-operative consultation, imaging, lab test, surgery, implants and post-operative care to ensure a smooth and effective recovery process. Most patients can walk with crutches on the

**From HK\$238,700**

## Price Include

- 3-bedded standard room and meals
- 2-night / 3 night stay
- Standard pre-operative blood tests
- Specialists' fees
- Surgical Assistant Surgeon
- Nursing care
- Operation theatre
- Drugs and dressings
- Crutches
- Physiotherapy
- X-rays
- *Smith & Nephew implants*

## Package Price (including hospital and doctors' fees)

	Standard Room
BHR - unilateral	HK\$238,700
BHR - bilateral	HK\$406,100
Optional: Each additional night stay	HKD\$4,000

## Terms and Conditions:

- Additional charges apply to procedures, specialist fees, unsocial hours, laboratory or imaging tests, treatment, alternative implants, medication and emergency care beyond those included in the package.
- An orthopaedic specialist booking is required for this surgery.
- This package is only available for designated doctors.
- This package is tailored for self-pay clients.
- **Valid till 30 June 2026.**

**For details of the package for other room categories or implants please contact the Patient Service Centre.**

**All packaged items are fixed, and prices may be updated periodically. For the latest information, please visit our website.**

For details on preparing for your visit, scan the QR code to view our guidelines and resources.



For enquiries and appointments:

## Patient Service Centre

t +852 2537 7407  
email: [psc.referral@matilda.org](mailto:psc.referral@matilda.org)

## Matilda Medical Centre

3/F, Prosperity Tower, 39 Queen's Road Central, Hong Kong



## 伯明翰髖關節表面翻修手術(BHR)

伯明翰髖關節表面置換術（BHR）是一項先進的外科手術，特別適合年輕活躍患者； BHR 保留了更多的自然骨骼，通過在股骨頭上覆蓋光滑的金屬表面進行修復，能提供持久的疼痛緩解，恢復活動能力，並讓患者恢復積極的生活方式。

手術在全身或局部麻醉下進行，在大腿外側（髖部）仔細剖開肌腱，以露出並脫臼髖關節，然後切除發炎關節和一層骨質，並置換金屬球窩關節，隨後修復肌腱。

套餐涵蓋術前諮詢、影像、化驗、手術、人工關節及術後護理，以確保順利且有效的康復過程。大多數患者手術當天即可使用拐杖輔助走動，通常在幾天內出院。

### 套餐費用 (包括醫院和醫生收費)

	標準房
BHR - 單邊	HK\$238,700
BHR - 雙邊	HK\$406,100
自選: 延長住院費用(每晚)	HKD\$4,000

### 條款及細則:

- 以上收費不包括因額外手術而產生的專科醫生費用、化驗或影像診斷項目、治療、人工關節及藥物等。
- 手術前需接受專科醫生診症。
- 套餐僅限由指定醫生提供。
- 此套餐專為自費人士設計。
- 優惠期至 2026 年 6 月 30 日。

有關其他房間類別或人工關節的詳情，請聯絡客戶服務中心。

所有套餐項目均為固定，價格可能會定期更新。最新資訊請瀏覽我們的網站。

如欲了解您到訪前的準備詳情，請掃描二維碼瀏覽我們的指引及資訊。



港幣 \$238,700 起

### 定價收費包括

- 標準房(三張床)及膳食
- 2 晚 / 3 晚住院
- 手術前基本驗血項目
- 專科醫生費用
- 助理手術醫生
- 護理服務
- 手術室
- 藥物和洗傷口敷料
- 拐杖
- 物理治療
- X光
- Smith & Nephew 人工關節

預約及查詢，請聯絡

客戶服務中心

電話 +852 2537 7407

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