



# Well Woman Premium

This health assessment programme focuses on woman's health, and is particularly suitable for women over 40. In addition to extensive investigations, the programme also includes advice on women's issues, such as family planning, and breast self-examination. Full programme elements are:

**PRICE:**

**HK\$11,000**

## BACKGROUND

- Questionnaire - medical, life style, family, social and employment history
- Physical examination by a primary healthcare physician
- Breast examination

## LABORATORY INVESTIGATION

- Complete blood count
- Liver function test
- Renal function test
- Calcium
- Phosphate
- Vitamin D
- Thyroid function test
- Lipid profile
- Fasting blood glucose
- Pap smear
- Urinalysis
- Stool analysis

Hormone:

- FSH
- E2
- LH

## HEALTH EDUCATION

- Instruction for regular breast examination (self-checks)

## MEDICAL IMAGING

- Mammogram **AND** Breasts Ultrasound
- Pelvic Ultrasound
- DEXA Bone Scan
- Chest X-ray (one view)

## OTHER TESTS

- Resting Electrocardiogram (Reported by cardiologist)
- Ankle-brachial pressure index (ABPI, >40 years old)

Tumour markers:

- CA125 – Ovary
- HE4 – Ovary

## The package also includes

- Use of a private room
- In room breakfast or lunch
- Doctor's report with summary and recommendation
- A complimentary follow-up consultation with a doctor within three months after assessment for further discussion and explanation of the assessment outcome

## Optional extras\*

- Other medical tests as per doctor's advice
- HIV Antigen & antibody (\$540)
- Genetic test for Medication (Full Adult Panel \$2499; Full Child Panel \$2499)
- Sleep studies (\$7650+ extra doctor fee)

*\* There will be a 10% discount on any of the above Optional Extras if taken on the same day of the assessment.*

For appointment and enquiry, please contact the Health Assessment Department:  
Tel: 2849 0338 Fax: 2849 2604  
Email: [assessment@matilda.org](mailto:assessment@matilda.org)  
Address: 41 Mount Kellett Road, the Peak.