



# Well Man Premium

This health assessment programme focuses on man's health, and is particularly suitable for men over 40. In addition to extensive investigations, the programme also includes advice on man's issues, such as family planning, and testicular self-examination. Full programme elements are:

PRICE:

**HK\$9,400**

## BACKGROUND

- Questionnaire - medical, life style, family, social and employment history
- Physical examination by a primary healthcare physician
- Testicular examination

## HEALTH EDUCATION

- Skin cancer advice
- Instruction for regular testicular (self-checks)

## LABORATORY INVESTIGATION

- Complete blood count
- Blood grouping & Rhesus Factor
- Liver function test
- Renal function test
- Lipid profile
- Fasting blood glucose
- Hepatitis A, B & C
- HIV
- Venereal disease
- Urinalysis
- Stool analysis

Tumour markers:

- Total & free PSA

## MEDICAL IMAGING

- Ultrasound of Upper Abdomen
- Ultrasound of Prostate
- DEXA Bone Scan
- Chest X-ray (one view)

## OTHER TESTS

- Resting Electrocardiogram (Reported by cardiologist)
- Uroflow
- Ankle-brachial pressure index (ABPI, >40 years old)

### The package also includes

- Use of a private room
- In room breakfast or lunch
- Doctor's report with summary and recommendation
- A complimentary follow-up consultation with a doctor within three months after assessment for further discussion and explanation of the assessment outcome

### Optional extras\*

- Other medical tests as per doctor's advice
- Genetic test for Medication (Full Adult Panel \$2499; Full Child Panel \$2499)
- Sleep studies (\$7650+ extra doctor fee)

*\* There will be a 10% discount on any of the above Optional Extras if taken on the same day of the assessment.*

For appointment and enquiry, please contact the Health Assessment Department:  
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