

The programme elements focus on maintaining health and wellness, and the early detection of disease. This same-day discharge programme takes around three to five hours to complete. Full programme elements are:

PRICE:

нк\$13,400

BACKGROUND

- Questionnaire medical, life style, family, social and employment history
- Physical examination by a primary healthcare physician
- Breast / Testicular examination

HEALTH EDUCATION

- Skin cancer advice
- Instruction on regular breast or testicular self-checks

MEDICAL IMAGING

- Ultrasound of Upper Abdomen
- Breasts ultrasound OR Mammogram (female and >40 years old only)
- Prostate ultrasound (male only)
- Chest X-Ray (one view)

LABORATORY INVESTIGATION

- Complete blood count
- ESR (inflammation marker)
- Blood grouping & Rhesus factor
- · Liver function test
- Renal function test
- Lipid profile
- Calcium
- Thyroid function test
- Fasting blood glucose
- Urate (uric acid)
- Hepatitis A & B
- Venereal disease
- Urinalysis
- Stool analysis
- Homocystine (cardiac screening)
- High Sensitive CRP

Female only

- Pap smear
- Vitamin D
- Rubella screening

Tumour markers:

- CEA colorectal
- AFP Liver (Hepatitis B

carriers only)

- CA125 Ovary (females over 45 years old)
- PSA Prostate (males over 45 years old)
- EBV Nasopharygeal (Asians only)

OTHER TESTS

- Exercise
 Electrocardiogram
 (Conducted & Report
 written by cardiologist)
- Resting Electrocardiogram (Reported by cardiologist)
- Audiogram
- Pulmonary Function Test (Spirometry)
- Vision tests Far, near & colour vision, tonometry and non- mydriatic fundus photo
- Ankle-brachial pressure index (ABPI, >40 years old)

Bonus item for first time users of Matilda International Hospital services: dietary analysis & dietitian consultation.



The package also includes

- Use of a private room
- In room breakfast or lunch
- Doctor's report with summary and recommendation
- A complimentary follow-up consultation with a doctor three months after assessment for further discussion and explanation of the assessment outcome

Optional extras*

- HIV Antigen & antibody (\$540)
- Genetic test for Medication (Full Adult Panel \$2499; Full Child Panel \$2499)
- Sleep studies (\$7650+ extra doctor fee)

* There will be a 10% discount on other medical tests as per doctor's advice on the same day of the assessment.

For appointment and enquiry, please contact the Health Assessment Department: Tel: 2849 0338 Fax: 2849 2604

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