



Gold

This is a comprehensive health assessment programme for adults developed by Matilda International Hospital. One of the elements is an Exercise Electrocardiogram, which is part of the fitness assessment. Full programme elements are:

PRICE:

HK\$8,400

BACKGROUND

- Questionnaire – medical, life style, family, social and employment history
- Physical examination by a primary healthcare physician
- Breast / Testicular examination

HEALTH EDUCATION

- Skin cancer advice
- Instruction on regular breast or testicular self-checks

LABORATORY INVESTIGATION

- Complete blood count
- ESR (inflammation marker)
- Blood grouping
- Liver function test
- Renal function test
- Lipid profile
- Calcium
- Thyroid function test
- Fasting blood glucose
- Urate (uric acid)
- Hepatitis A & B
- Venereal disease
- Urinalysis
- Stool analysis

Female only

- Pap smear
- Vitamin D

MEDICAL IMAGING

- Ultrasound of Upper Abdomen
- Chest X-Ray (one view)

OTHER TESTS

- Exercise Electrocardiogram (Conducted & Report written by cardiologist)
- Resting Electrocardiogram (Reported by cardiologist)
- Pulmonary Function Test (Spirometry)
- Vision tests – Far, near & colour vision
- Ankle-brachial pressure index (ABPI, >40 years old)

The package also includes

- Use of a private room
- In room breakfast or lunch
- Doctor's report with summary and recommendation
- A complimentary follow-up consultation with a doctor within three months after assessment for further discussion and explanation of the assessment outcome

Optional extras*

- HIV Antigen & antibody (\$540)
- Genetic test for Medication (Full Adult Panel \$2499; Full Child Panel \$2499)
- Sleep studies (\$7650+ extra doctor fee)

** There will be a 10% discount on other medical tests as per doctor's advice on the same day of the assessment.*

For appointment and enquiry, please contact the Health Assessment Department:
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