

什麼是陰道鏡檢查?

陰道鏡檢查為異常的子宮頸抹片結果作進一步檢驗。

陰道鏡檢查是一項檢查程序，利用高效能顯微鏡(稱為colposcope)讓醫生近距離查看你的子宮頸。該顯微鏡在子宮頸位置發出光源，並放大你的子宮頸影像，令檢查更清晰，以及找出子宮頸抹片異常的原因。

為何我需要陰道鏡檢查?

衛生署於2005年3月的報告顯示：「5.6%的子宮頸抹片檢查結果呈異常的結果。」

如果閣下的子宮頸抹片檢查結果顯示為異常，就必須利用陰道鏡作進一步檢查，以更準確地檢查有沒有癌前病變的細胞。

然而，你不必太憂慮。儘管你的子宮頸抹片檢查結果異常，你的子宮頸或許是正常的，因為子宮頸抹片異常的結果可代表少許以至嚴重的細胞變化。

你如何為檢查作好準備?

避免灌洗陰道或在檢查前的24小時內進行性行為。如你的經期剛開始，請盡早致電我們更改預約時間。

陰道鏡檢查的過程如何?

當你到達我們明德醫務中心的陰道鏡診所，你將會見婦產科醫生，與你相討論檢查程序。一如柏氏抹片的檢查，你躺在床上，醫生將利用擴張器(與柏氏抹片的器具一樣)把陰道張開，在子宮頸塗上無色的藥水，把出現異常變化的部位顯露出來，異常部分在顯微鏡下將呈白色，若出現多處異常細胞，你的醫生或會取一小塊子宮頸組織作進一步的病理分析。

檢查痛嗎?

當塗上藥水時或醫生取組織作病理分析時，你或會感到不適。不少婦女檢查完畢後，下腹或會隱隱作痛，但只需服用一些止痛藥或止經痛藥用便可。

檢查需要多少時間?

整個程序通常少於20至30分鐘。

什麼是子宮頸組織電環切除手術?

假如出現異常變化的細胞範圍較大，醫生將建議進行子宮頸組織

電環切除手術(LEEP)。你的子宮頸經麻醉後，醫生利用一個幼幼的特製金屬線圈，並通上電流，以切除有問題的部位。一般情況下，過程中將不會令部位流血。

檢查完畢後，我需要注意什麼事項?

接受陰道鏡檢查完畢的一個星期內，或接受子宮頸組織電環切除手術檢查的一個月內，你應避免使用衛生棉條及進行性行為。

在檢查後，你的陰道或會有深色的排出物。這些深色的排出物是正常的，因為醫生通常會在檢查的部分塗上厚厚的一層褐黃色的藥物止血。

無論是子宮頸組織電環切除手術或陰道鏡加上病理的檢查均對你的生育沒有任何影響。

我需要致電醫生嗎?

若你出現以下的情況，請聯絡你的醫生：

- 你的陰道嚴重流出鮮紅色的血或感到嚴重腹痛；
- 你出現發燒或感到寒顫；
- 你的陰道出現異味或異常排出物。

什麼時候你知道結果?

在2至3日內，你將得知測試的結果。

子宮頸癌可以預防
**若你的子宮頸抹片結果顯示異常情況，
陰道鏡可給你更準確的檢查。**

如需查詢及應診，歡迎致電：

明德醫務中心陰道鏡診所

電話：2849 1500 / 2849 1515

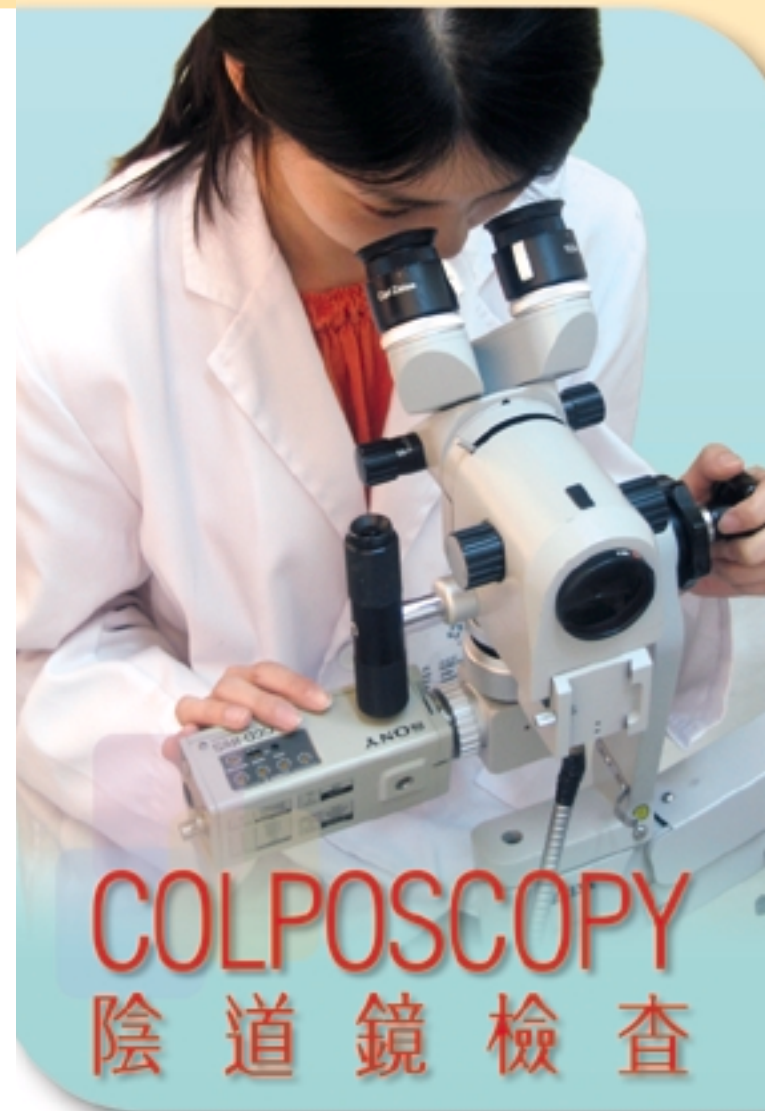
應診時間：星期一至五 上午8時至下午5時
星期六 上午8時至中午12時



明德國際醫院

香港山頂加列山道41號

總機：2849 0111 網址：www.matilda.org



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What is a Colposcopy?

Colposcopy provides a diagnosis of abnormalities found in pap smears.

Colposcopy is a procedure that allows your doctor to take a closer look at your cervix with a high-powered microscope called a colposcope. The instrument shines a light on the cervix and magnifies the image of the cervix to enable a better examination and determine the cause of abnormalities found in your Pap smear.

Why do I need Colposcopy?

5.6% of smears are "abnormal" with cell abnormalities, the Department of Health reported in March 2005.

If you have had an abnormal pap smear result, further examination using a colposcopy is recommended to provide a more accurate detection of pre-cancerous cells.

Even if your pap smear result is abnormal, your cervix may be normal as the result can mean anything from very mildest abnormality to severe.

How do you get ready for a colposcopy?

Do not douche or have sexual intercourse for 24 hours before the test. Call to reschedule your appointment if your period starts.

What happens during the colposcopy?

Upon arrival at our Colposcopy clinic at Matilda Health Centre, you will consult with the gynaecologist and discuss the procedure. You will be placed into a

position similar to taking a pap smear and the doctor will gently insert a speculum (the same instrument used for taking a pap smear) to expose the cervix. Your cervix will be washed and stained with a vinegar-like solution that will turn any areas of abnormal cells to white when viewed through the colposcope. If there are areas of abnormal tissue, your doctor may take tiny pieces of the tissue (biopsy) and send them to laboratory for examination.

Does it hurt?

You may feel some discomfort when the solution is applied and if your doctor takes a biopsy. It is quite common to have a dull ache in your lower abdomen afterwards, which can be relieved with analgesics such as Pandol or Ponstan.

How long does it take?

The entire procedure will usually take less than 20 - 30 minutes.

What is LEEP?

If a larger area of cells is involved, your doctor may request a LEEP (Loop Electro-surgical Excision Procedure) test. The cervix is anaesthetized and an area of the cervix is removed by means of an electrically heated loop wire. Bleeding after the procedure is rare.

What should I pay attention to after the colposcopy?

We advise that you should not use tampons and avoid sexual intercourse for one week following a colposcopy and one month if you have had a LEEP.

You may have a dark-coloured vaginal discharge after the examination. It is normal to have silver coloured discharge for a couple of days as your doctor will usually put a paste on the area to stop any bleeding.

Neither a LEEP nor a colposcopy with biopsies will have any effect on your ability to have children.

Contact you doctor if

- you have heavy bright red vaginal bleeding or experience severe abdominal pain;
- you have fever or chills
- you have offensive vaginal odour or discharge.

When will I get the results?

You will get your result from your doctor in 2 - 3 days.

Cancer of the cervix can be prevented
A Colposcopy gives a more accurate examination if your pap smear result shows abnormalities.

For booking or enquiries, please call our

Matilda Health Centre COLPOSCOPY CLINIC

Tel: 2849 1500 / 2849 1515

Opening hours: 8:00am - 5:00pm Monday ~ Friday
8:00am - 12:00pm Saturday



**MATILDA
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